

# THE GREAT GRAINS COOK-OFF: **ACTIVITY SHEET**

HELP! This adventure has gone seriously wrong! Being locked in a room with a heap of wheat seeds was not what I expected to happen when I landed on this planet.

After months in a space ship,  
I finally landed safely and things looked great.  
The place is green, it has water, I can breathe and the aliens looked friendly.  
I can even understand their language. What unbelievable luck!

'Got anything interesting to eat on this planet?' I asked, and then it happened.  
I was surrounded by alien police and taken to the Emperor's Palace.

There's a legend here that a visitor will come from afar,  
and solve this planet's greatest problem:  
**BORING FOOD!** On this planet, they've lived on boiled wheat for thousands of years and any mention of food puts them in a bad mood.

Now I'm locked in a room with a pile of wheat seeds and if I don't turn them into something delicious, I'm history. The problem is, I'm not too good at new ideas, so my life is in your hands.

Your mission is to design a method to turn wheat seeds into something yummy using any of the materials listed here (you don't have to use all of them).

The Emperor on this planet is very concerned about his health; he's 600 years old and doesn't look a day over 100. So your food needs to be healthy as well as delicious. We'll get some earthlings to try out your design, make your food and do a taste test before we chose a design for the Emperor and if he likes it, I'm saved.

*Thanks! I'm counting on you.*

**TAKE THE TECHNOLOGY CHALLENGE -  
TURN RAW MATERIALS INTO A DELICIOUS OUTCOME!**



## **YOUR RAW MATERIALS**

hammer	wheat seeds
blender	butter
water	oil
milk	baking powder
sugar	mortar and pestle
salt	any other plant material
eggs	(eg fruit, vegetables, herbs, spices)

## **REMEMBER - DELICIOUS AND NUTRITIOUS!**

1. The Emperor is 600 years old, so the design has to be easy to follow.
2. The Emperor wants to keep looking young for his age, so the food must be nutritious.
3. Everyone on this planet has had enough of boring food, so your food must be delicious.

